

SEPTEMBER 2018



St. Cross
EPISCOPAL CHURCH

Crossroads

THE NEWSLETTER OF ST. CROSS EPISCOPAL CHURCH



2

BEACH MASS

4

TEMPLE SHALOM

7

BIBLE STUDY 101

Habits that Make Up the Patterns of Our Lives

By Rev. Rachel

Growing up in my family there was no choice, you got up and went to church every Sunday. If we were lucky mom might take us for a donut before church, but that wasn't an always by any means. Church was a habit for me and my family, it was part of the pattern of our greater family life. As summer fades, and many of us gear up for the program year (school, work, church, sports), it is a good time to look at the habits that form the patterns in our lives.

What are our priorities and how do we see those priorities in the habits and patterns in our family lives? Do we want more family time, more study time, more free time, more time

with God, less time at work? I am not saying that we get what we want, but we do get what we create within the limits placed on us.

Clearly, I am going to say that going to church should be a priority, a dominant color in the pattern of your life. I know how difficult this can be. For those with children the youth sports industry (now a \$15 Billion annual economy on its own) makes sports a priority over all else. It is a challenge to find balance between sports and church, and I am not here to induce guilt. For those without children it is the call of the ocean, brunch with friends, and... well, also sports, but again I am not spreading guilt. Guilt never helped anyone draw nearer to God. I will say, though, without any doubt: what church offers serves to strengthen the threads of our lives. The offer may be very different from sports or brunch, but it should also be noted you can get both of those here as well (as you will see elsewhere in this issue of Crossroads).

Church offers stability. Church offers a community



WORSHIP SERVICES

SUNDAY

8:00 AM Holy Eucharist
10:00 AM Choral Eucharist

WEDNESDAY

8:30 AM Centering Prayer
7:00 PM Holy Eucharist

CLERGY

RECTOR

The Rev. Dr. Rachel A. Nyback

ASSOCIATES

The Rev. Robin Denney
Christian Formation

The Rev. Nathan Biornstad
Pastoral Care

PRIEST IN RESIDENCE

The Rev. Cn. Robert Cornner

DEACON

The Rev. Patti Angelo

RECTOR EMERITUS

The Rev. Cn. Dr. Paul D. Lawson

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310-376-8989
info@stcross.org

MORE ON PAGE 3

WEEKLY EVENTS

MONDAY

10 AM: Listening Hearts
1 PM: Staff Meeting
1 PM: History Committee *
4 PM: Temple Shalom
7 PM: Tai Chi
7 PM: EfM

TUESDAY

9:53 AM: Sewing Group

WEDNESDAY

8:30 AM: Centering Prayer
9 AM: Women's Bible Study
5:45 PM: Men's Bible Study
7 PM: Holy Eucharist

THURSDAY

6:15 PM: Bell Choir Rehearsal
7:30 PM: Choir Rehearsal

FRIDAY - Office Closed

* 2nd and 4th Monday

WEEKLY 12-STEP MEETINGS

Sun: AA 7:30 PM

Mon: Al-Anon 7 AM
CODA 7:30 PM

Tue: Serenity 7 PM

Wed: Al-Anon 7 AM
OCA 5:30 PM
CEA-HOW 7:30 PM

Thu: Al-Anon 12 Noon
OA 6 PM

Fri: AA 8 PM

Sat: Al-Anon 10 AM

More info: (310) 376-8989 or
info@stcross.org

September 2018 Calendar

9/01-03: Fiesta Hermosa Parking
9/03: Labor Day-Office Closed
9/06:Neighbor to Neighbor
9/09: St. Cross Day
9/16: Way of Love (see p 5)
9/17-27: Adult Ireland Pilgrimage
9/23: Meet Rev. Nathan (see p 3)
9/25: Folding of *Crossroads*
9/25: Vestry Meeting
9/26: Prayer Shawl Guild
9/26: Laundry Love
9/30: St. Francis Day

**Join us September 30 for the
annual Blessing of the Animals!**
View full calendar at stcross.org

Thank you to the 100+ St. Cross families, parishioners and community supporters who have donated to our **Building God's Kingdom capital campaign**. Truly we all must work together to reach our goal of \$1.5 million dollars. We are very close! The hope is that EVERY MEMBER of St. Cross will donate something. If everyone gives what they can, we will make our goal. Letters went out a few weeks ago to people with whom we had not met and our hope is that you will send back that Letter of Commitment to Rev. Rachel as soon as possible so we can announce that we have reached our goal. Should we go over (possible if we all stretch just a bit), it will go to paying down the balance on the elevator. Thank you to those who have given, and thank you to those who are going to send in their commitment before St. Cross Day, Sept. 9.

Bible Study 101

For Beginners, For Experts, For Everyone!

6 Sessions, Wednesdays, 7:30-8:30 PM

Join In! Begins September 12

stcross.org/bible



ST. CROSS History

Q ♦

Which creature is depicted more than any other in the stained glass windows – birds, fish, or sheep? And how many of each are there? Go on, take a guess, the History Committee didn't get it right!

Answer on page 6

HABITS

FROM PAGE 1

to support you (and your child) for your entire life, sometimes even when you don't expect it if you haven't always show up. Church offers a place to work on a relationship that never leaves you, that relationship with God. Church offers a community where daily we practice loving one another. Church offers inspiration for us to grow in our spiritual lives both as an individual and as a family.

Some days are easier to get to church and others can be more of a challenge. If coming to church isn't a habit, it is hard to make it happen, just like regular exercise or healthy eating. The habit reinforces the parts of us we want. To develop and maintain a relationship with another person, you have to be in touch; if you don't see someone, it is difficult to have a relationship with them. So with church if you aren't here it is difficult to have a deepening relationship with God and with the rest of your faith community.

So make church, make St. Cross, a habit, a part of the pattern of your life. See you Sunday.

Rev. Rachel+

ST. CROSS DAY—SUNDAY, SEPT. 9

There are so many exciting parts of St. Cross Day. First we will be celebrating our Feast Day, the Feast of the Holy Cross. To mark this special day we will have the choir back, great music, Sunday School starts, AND the Vestry is sponsoring an ice cream social after the 10 am service with ALL the toppings. We will hopefully celebrate reaching our goal for the capital campaign (we still need all donations large and small to reach our goal of \$1.5 million dollars). In addition to all of that, we will have a very special guest speaker, Tobi Quintiliani, Senior Director from the 1736 organization to talk about the organization now and how they have grown since we first started 1736 in the 1970's. She will speak at the 9 am hour in the Guild Room. We look forward to seeing you on St. Cross Day (and if you think of it, wear red in celebration). See more from 1736 on page 7!



Notes

1736 - As many of you know, St. Cross started the 1736 House for runaway youth in the early 70's. After a few years, the organization was spun off into its own independent non-profit. A board was formed and leaders were hired. We have continued our relationship as the 1736 House has continued to use the original house at 1736 Monterey Blvd. However, after many decades the 1736 House (organization) is moving out. We are thankful for the many years of our shared relationship. We look forward to finding ways to continue to connect with them in the future. Tobi Quintiliani from the 1736 House will be here to speak to us on Sunday, Sept. 9 at 9 am between the services.

You may ask what is going to happen to the property. The Vestry has asked that a property committee be formed to investigate the potential for use as an outreach center or alternatively use as a rental unit to support St. Cross's mission and outreach programs. If you have further questions about this, please speak to Rev. Rachel or a Vestry member.



MEET THE REV. NATHAN BIORNSTAD

As if St. Cross Day isn't already exciting enough, this year it will also mark the first Sunday of our new Associate for Pastoral Care, the Rev. Nathan Biornstad! We will also be offering opportunities to get to know Rev. Nathan better, starting with a Meet Rev. Nathan event during the Adult Education hour (starting at 9 AM) on September 23. Secondly, we will have a feature in next month's Crossroads with some biographical information along with a little Q&A with the Reverend himself.

If you can't wait for any of that, you can get a sneak peek — and learn Rev. Nathan's favorite food — by visiting stcross.org/nathan on your computer or phone today.

Sunday School Begins September 9

Sunday School begins again on September 9 at 9am. There will be registration and a parents' meeting at the same time in Room 5.

Sunday School is the key component of our Christian Formation program at St. Cross. We have a team of 24 committed Sunday School teachers and six classrooms so that our children and youth receive attention and learning that is tailored to them, at their particular age and development. Children from a young age learn not just bible stories, but how to make the stories their own, to question and to wonder.

Our youth are invited to explore what their faith means, and how they wrestle with the pressures, hopes, joys, and challenges of life. The more often our children and youth are present, the more they can build relationships with each other and their teachers, and take the learning to a deeper level. But we welcome all levels of participation!

Contact Rev. Robin if you have any questions



Child Care for Bible Study 101

Reminder to parents, if you would like to attend the Wednesday evening Bible Study 101 series, beginning on September 12, 7:30-8:30pm, and would like child care available, please contact Rev. Robin rdenny@stcross.org

Bible Study 101 is a six-week series introducing different methods of studying the bible. It is a co-ed, evening program for adults.

St. Cross Softball: Late-Season Recaps

McCue, Hoffman, Brownlie & Difley Lead Angels to 14-10

Win - On July 21st the Angels (3-5) pounded out 20 Hits while beating 1st Presbyterian by 4 Runs. The offense was led by Sean McCue (4/4) 1.000 with 2 Triples, 3 RBIs, 4 Runs; Bruce Difley (3/3) .783 with 3 RBIs; Caren Brownlie (3/3) .667; and Autumn Hoffman (3/3) .588 with 3 Runs; 2 RBIs. Other multiple hit games were by Shane Mathews (2/4) .769 with 2 RBIs, 2 Runs; and Doug Hall (2/3) .500 with 3 Runs. Totaling 1-Hit each were Andy Simon (1/2) .500 with 3 RBIs; Glen Honda (1/3) .500; and Jim Sullivan (1/1) .389. Sean (2-0) remained undefeated for the Angels while hurling for the team.

Dodgers Get Whacked 24-7 for Eighth Loss - On July 28th the Dodgers (0-8) only managed 7 Runs all in the last inning while losing to Lawndale Wesleyan 24-7. The meager 10-Hit offense was led by Bruce Difley (3/3) .778 with a RBI, Run; and Doug Hall (2/3) .588 with a RBI were the only ones to manage a multiple hit game. The offense finished with 1-Hit games by Jamie O'Grady (1/3) with a Double, RBI, Run; Elyse Ordorica (.333) with a RBI, Run; Rich Wenzel (1/1) 1.000 with 2 Walks; Andrew Welch (1/2) .500 with a Run; and Susan Hink (1/3) .333 with a Run. Sean (0-5) hurled from the mound.

Angels Hamilton and Ordorica Have Perfect Day at the Plate in 10-7 Win - The Angels (4-5) played their last game of the year and finished the season with 3 Wins in a row. They beat

1st Place King's Way by 3 Runs. Perfect days at the plate by Bill Hamilton (3/3) 1.000 with 2 Doubles, 3 RBIs; and Elyse Ordorica (3/3) .714 with 2 Doubles, 3 RBIs, 3 Runs coupled with multiple hit games by Andrew Welch (2/3) .429 with 3 Runs; Bruce Difley (2/3) .769; Mike Whitehill (2/3) .667 with 2 Doubles, 3 RBIs, 2 Runs; Macy Jaeger (2/3) .286; and Mike Welch (.750) all had 2 hits each. Finishing the 18-Hit offense with 1-Hit each were Doug Hall (1/3) .483; and Jim Sullivan (1/3) .381. Eileen Mathews (1-1) notched her first win of the year on the hump.

Dodgers Win! Dodgers Earn First Win, 22-11 - On August 4th the Dodgers (1-8) finally arrived in the win column with a 22-11 victory over Baptist. The (31/44) .705 offense carried the team to victory. Four-Hit games by Aaron Rose (4/4) .800 with 2 Doubles, 4 RBIs, 4 Runs; Jamie O'Grady (4/4) .600 with a Home Run, Triple, 5 RBIs, 2 Runs; and Dana Ramsey (4/5) .692 with a Double, 3 Runs led the offense. Other multiple hit games by Jeff Ramsey (3/5) .556 with 2 Triples, Double, 3 RBIs, 3 Runs; Sean McCue (3/4) .483 with 3 RBIs, 2 Runs; Mike Whitehill (3/4) .588 with 2 Runs; Bill Hamilton (3/3) .778 with a RBI; and Peggy Hamilton (3/4) .400 with 2 Runs had terrific day at the plate. The 31-Hit offense was complete with Britney Bosnak (2/4) .429 with a Double, 2 RBIs, 3 Runs; Caren Brownlie (1/4) .111 with 2 RBIs; and Doug Hall (1/3) .550. Sean (1-5) notched his first win of the year for the Dodgers.

A Camp Stevens Thank You to St. Cross!

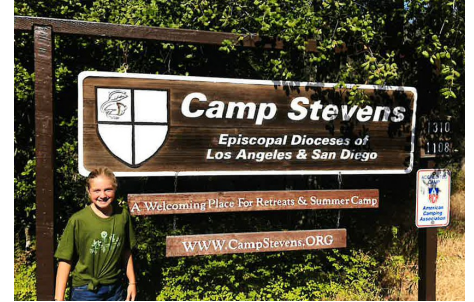
Dear St. Cross,

Thank you so much for giving me such an amazing opportunity to go to Camp Stevens. I had a fantastic time.

Right when I got there I made tons of friends. My counselor, Erin, was awesome. Each day I had opportunities to do thrilling things like archery, swimming, rock wall climbing, a high ropes course and more. We would do teamwork games and go on sunset hikes. Then sometimes we would sleep under the stars on an overnight. At night we would have a community gathering where all the groups would come together to sing songs and dig deeper into the day's character traits. Some were wonder, openness, gratitude and more. This was special to me because it was International Odyssey and so throughout the week we were learning all about Japanese culture. All of the Japanese boys were so kind. Another couple of my highlights were that our group decided to make a mural in our cabin, and that at the end of the week we had a Holy Eucharist. It was like a church service in a beautiful outdoor chapel. The whole week we had delicious and nutritious food.

I feel so grateful to be able to experience such a meaningful week. Camp Stevens is amazing and I had such a great time.

Love, Natalie Brown



The Way of Love Event 9 AM on Sept. 16



THE WAY OF LOVE
Practices for Jesus-Centered Life

There will be a showing of Bishop Curry's rousing General Convention sermon introducing the Way of Love at 9am in the Parish Hall on September 16. We will be using the Way of Love as a theme this year, and exploring it more during Adult Education.

Copies of Bishop Michael Curry's book, *Crazy Christians*, will be available at the back of the church for a donation of \$15, beginning on September 2. It is a short, inspiring book based on a sermon. There will be a discussion of the book on Sunday, September 30, at 9am.

Reading the book or participating in the discussion is a great way to kick off the year and join in our parish's exploration of the "Way of Love"!

Steps on the Way of Love: Sunday Adult Education

Our program year starts up again on Sunday September 9. Adult education will be available each Sunday in the Guild Room, from 9am to 9:50am.

This year in Adult Education, we will be delving deeper into Presiding Bishop Michael Curry's call to the "Way of Love". The "Way of Love" is a way of talking about how we live out our faith and love of God and neighbor in the world in practical ways. Each month, we will focus

on one of steps of the Way of Love: turn, learn, pray, worship, bless, go, and rest.

The first Sunday of each month will be a presentation on the step by the clergy, and the other weeks we will explore that step in different specific ways through hearing the stories of others and through reflection on new ideas and writings.

Rejoice, Give Thanks and Sing!

Have you ever thought about being part of our choir and share in the joy we have singing our offering to the Lord?

The Choir is starting rehearsals for the new year on Thursday, September 6th. During the program year, we meet to rehearse every Thursday evening in the Bob King memorial music room which is upstairs in the north end of the education building. Rehearsal begins at 7:30pm and we're usually done by 9:00pm. We then meet again at 8:30am on Sundays to rehearse before the 10:00 service. Sunday morning rehearsals start on September 9th.

This year, we're excited to announce that we have selected several NEW anthems to go along with some old favorites, and we'll be rehearsing them right from the start.

It helps to be able to read music, but even if you don't, please take a few minutes to talk with our organist and choir director John Tveit. You can also touch base with Cameron Johnson, or me, Julie Spore if you have questions. You will work hard, have fun, and make some talented and welcoming friends!

P.S. A shout out to returning choir members -- can't wait to see you back! Get ready for some great new pieces of music! **Julie Spore** - (310) 374-2292.



Newcomers' Café Sept. 16



After church at 11:30 AM on 9/16, let Cameron Johnson be your guide to St. Cross! She's hosting anyone who is interested in getting to know more about St. Cross after church on Sunday the 16th. Meet staff, parishioners and other newcomers. Enjoy a snack and learn more about the opportunities, activities, groups and events that are perfect for individuals and families at St. Cross.

Send an email to cjohnson@stcross.org for more information and to let Cameron know you'll be there!

Alpha & Omega

In Memoriam
Ed Whitehead

Baptized
Paul Ogar
Walden Ogar
Quinn Ogar
Gloria King

ST. CROSS *History* From page 2



Sheep -- 14
Fish -- 12
Birds -- 11



1736 Family Crisis Center

A grateful 1736 Family Crisis Center reflects on 46 years of magnificent memories and a strong partnership with St. Cross Episcopal Church and its members and looks forward to many years ahead of shared vision to help those in need. What started in 1972 by St. Cross as 1736 House (a Hermosa Beach shelter to give kids safety from the streets, food, clothing, and counseling) has since grown to a larger agency helping thousands of children and adults. St. Cross and its parishioners have generously provided decades of inspiration, love, support, the physical youth shelter, donations of all kinds, volunteers, and encouragement, all to ensure that children and their families would receive the life-saving and respectful care they need. Today, 1736 Family Crisis Center has multiple locations and an expanded professional team. Our reach is to those who face homelessness, domestic violence, sexual assault, human trafficking, child abuse, bullying, thoughts of suicide, drug use and addiction, broken families, depression, veteran trauma, and personal crisis. We continue to give loving residential care with 24-hour intake, as well as mental health, legal, police partnership, job development, schooling enrichment, 24-hour suicide/crisis hotlines, outreach and educational programs, housing placement assistance, and long-term follow-up support. Through direct service provision, prevention, and outreach, annually we help about 26,000 people.

A dream and goal of 1736 Family Crisis Center has been to establish a permanent youth shelter with a backyard for the kids, ADA accessibility, counseling and homework rooms, and a creative center where kids would be empowered by musical expression, movement, and the arts. It finally became a reality this year, thanks to St. Cross's ongoing support, and to private and public donations including a major gift from the Everychild Foundation. In 2018, 1736 Family Crisis Center relocated the youth shelter, opening its newest location, with an adjoining empowerment center for the children, purchased and renovated with grant funds to fulfill dreams (some of the children substantially assisted in the design). It never would have been possible without the vision and partnership with St. Cross. We couldn't be more grateful.

1736 Family Crisis Center would like to recognize and extend our warmest thanks to St. Cross, the Vestry, Clergy, staff and each and every parishioner for their years of commitment and dedication to working with us to save vulnerable lives. We welcome volunteers throughout our operations. For more information, please visit our website at <http://www.1736familycrisiscenter.org/volunteers.html>.

We look forward to partnering with St. Cross in the future to continue addressing the most dire needs in our local community.

With love, friendship, and endless appreciation,
1736 Family Crisis Center

Parish Life

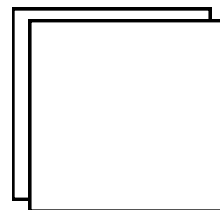
Beach Mass and Baptism
Follow at [instagram.com/stcrosshermosa](https://www.instagram.com/stcrosshermosa)





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First Class Mail



Mark Your Calendars!

St. Cross Day

Sun., Sept. 9

Bible Study 101

Begins Wed., Sept. 12

The Way of Love

Viewing and Discussion

Sun., Sept. 16

more Way of Love on pages 5 and 7

Blessing of the Animals

Sun., Sept. 30

See page 2 for more in our calendar!

*Special thanks to the volunteers
whose generous gifts of time and talent make this
newsletter possible.*

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